

news  
events  
research

# Update

July 2016 [www.tcwhp.org](http://www.tcwhp.org) [info@tcwhp.org](mailto:info@tcwhp.org)



FROM THE CWHP BLOG

## Creating and Sustaining Cultures of Health



The RWJ Foundation and UCSF work together to fund an array of research efforts aimed at understanding and influencing cultures of health. Dr. Hangsheng Liu and his colleagues at RAND are one of their grantees and a project to watch for employ-

ers seeking to influence their own workplace culture — in this case they are focusing on public schools and teacher and student health as part of a worksite health intervention.

For more information on Hangsheng Liu's research, see:

### Study highlight

See [Worksite Health Interven-](#)

[tions in Public Schools, Teacher Health, and Student Academic Performance](#) at:

<http://www.evidenceforaction.org/grantees>

### Researcher info

[http://www.rand.org/about/people/1/liu\\_hangsheng.html#publications](http://www.rand.org/about/people/1/liu_hangsheng.html#publications)



NEWS & EVENTS

## CWHP Newsletter Launches

Each month CWHP will consolidate key content from the prior month in the form of a newsletter. These newsletters will be archived in the News & Events section of the website. The June 2016 issue can be downloaded at <http://www.tcwhp.org/sites/default/files/CWHP%20newsletter%20June%202016.pdf>. If you would like to be added to our newsletter, sign up at <http://www.tcwhp.org/newsletter>.

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**The Center for Workforce Health and Performance (CWHP)** is a clearinghouse for information that may be used to support evidence-based policies and practices for a healthier, happier and high-performing workforce, a healthier economy and, in turn, healthier and more productive communities. CWHP develops knowledge around workforce health and performance improvement and disseminates it widely through scientific and educational forums.



## RESEARCH & REPORTS

# Integration Across Benefits Purchasing, Health Promotion & Health Protection



The Integrated Benefits Institute (IBI) interviewed employers' thinking on health-related benefits and program integration,

how their approach functions in practice and the consequences for employee health and business value.

Among the nine organizations interviewed, there were three basic functions related to integrated employee health investments: benefits purchasing, health promotion and health protection.

IBI found that in practice, these functions take place in separate business departments, of-

ten with very little joint activity or communication. When benefits purchasing, health promotion and health protection do not work together, workforce health is compromised and time, money and energy are wasted. Three actions show promise for moving in a positive direction: build allies, find common ground and hold each other accountable.

For the full report, go to:

<https://ibiweb.org/research-resources/detail/get-the-watch-working-integration-across-benefits-purchasing-health-promoti>



## ENGAGEMENT

# Workforce Health and Performance — Bright Ideas Survey



Take the survey here: <https://www.surveymonkey.com/r/TWLW87T>

The Center for Workforce Health and Performance wants your Bright Ideas. We will feature these ideas, select guest bloggers, delve deeply on topics and inform research and practice by spreading these Bright Ideas.

For our first Bright Ideas survey we would like to know your thoughts on the best ways to support workforce health and performance.

Our challenge — can you do it in 20 words or less?